

## Physician Letter to School



| To Whom It May Concern:  |  |  |
|--|--|--|
| Student Name:  |  | DOB:   |
|  |  | Date of Concussion Diagnosis by MD/DO:                                     |
|  | INJURY STATUS  | Date of Injury:  |
| _  | Student has been diagnosed by a MD/DO with a co-   | oncussion and is currently under our care.                                 |
| _  | Student was evaluated and did not have a concuss   | sion injury. There are no limitations on school and physical activity.     |
|  |  |  |
| ACADEMIC ACTIVITY STATUS (Please mark all that apply)                |  |  |
|  | This student is not to return to school.   |  |
|  | This student may begin to return to school based on successful progression through the <i>CIF Concussion Return to Learn Protocol</i> . This student requires the necessary school accommodations set forth on the <i>Physician (MD/DO) Recommended School Accommodations Following Concussion</i> form. |  |
|  | This student is no longer experiencing any signs or  | symptoms of concussion and may be released to full academic participation. |
| <u>Comments</u> :  |  |  |
| PHYSICAL ACTIVITY STATUS (Please mark all that apply)                |  |  |
| This student is not to participate in physical activity of any kind. |  |  |
| _  | This student is not to participate in recess or other physical activities except for untimed, voluntary walking.   |  |
| _  | This student may begin a graduated return to play progression (see CIF Concussion RTP Protocol form).  |  |
| _  | This student has medical clearance for unrestricted athletic participation (Has completed the CIF Concussion RTP Protocol).  |  |
| <u>Comments</u> :  |  |  |
|  |  |  |
| Physician (MD/DO) Signature: Exam Date:                              |  |  |
|  |  |  |
| Physician Stamp and Contact Info:                                    |  |  |
|  |  |  |
| Parent/Guardian Acknowledgement Signature:                           |  | Date:  |