



2019 PROGRAM GUIDE

SUPPORTING THOSE AFFECTED BY TYPE 1 DIABETES SO THEY MAY LEAD FULL, HEALTHY, BEAUTIFUL LIVES NOW





WHO WE ARE

The mission of DYF is to improve the quality of life for children, teens and families affected by type 1 diabetes. We provides recreation and education within a supportive community, encouraging personal growth, knowledge and independence.

FUN CAMP ACTIVITIES

At DYF, kids can just be KIDS! We offer lots of fun activities at all of our camps including: campfires, night hikes, arts & crafts, sports & games, archery and swimming. We will make every effort to ensure your camper has an incredible, exciting, and memorable experience.

QUALITY EDUCATION

Campers experience greater independence, increased confidence and pride in learning successful ways to manage their diabetes from health care professionals and their peers. Campers will learn about new technology, tips and tricks, and be inspired to try something new like wearing a CGM or trying out a "mini gluc." At our Family Programs, experts in the diabetes field provide parent education sessions while kids participate in fun activities. Topics range from the basics of life with T1D to current research and technology advancements. Whether diagnosis was 5 months ago or 15 years ago, there is something here for you.

SUPPORT & COMMUNITY

Camp is Community. EVERYONE gets it! Wear your pump with pride and take a break from explaining what it means to be low or high. Parents can relax and bond with other families and let their children be kids! At camp, kids realize that they are not alone in their struggles and frustrations with diabetes. The positive relationships and sense of belonging are important feelings that come from the DYF camp experience.



Camp is a tremendous opportunity for children with type 1 diabetes, and their families, to be embraced by a community that understands them, to learn new strategies for managing diabetes, and to build resiliency to navigate the challenges they face.

– Justin Altschuler, M.D, M.S
DYF Medical Director



WHAT OUR FANS SAY



Buddy Camp makes me feel better because I get to know that there are other kids with diabetes and I get to share this camp with my friend from home who does not have diabetes.

– Belle, age 8

Bring your child and family to camp. It truly is a magical place that supports your family in ways you didn't even know that you need supported. Bearskin is an inspirational and transforming place and time for your child and family. Go!"

– Family Camp Participant



Teen Camp has helped me evolve as an independent T1D. Every year I explore new ways to manage my diabetes, while connecting with people who share my experiences.

– Sarah, Teen Camp Participant

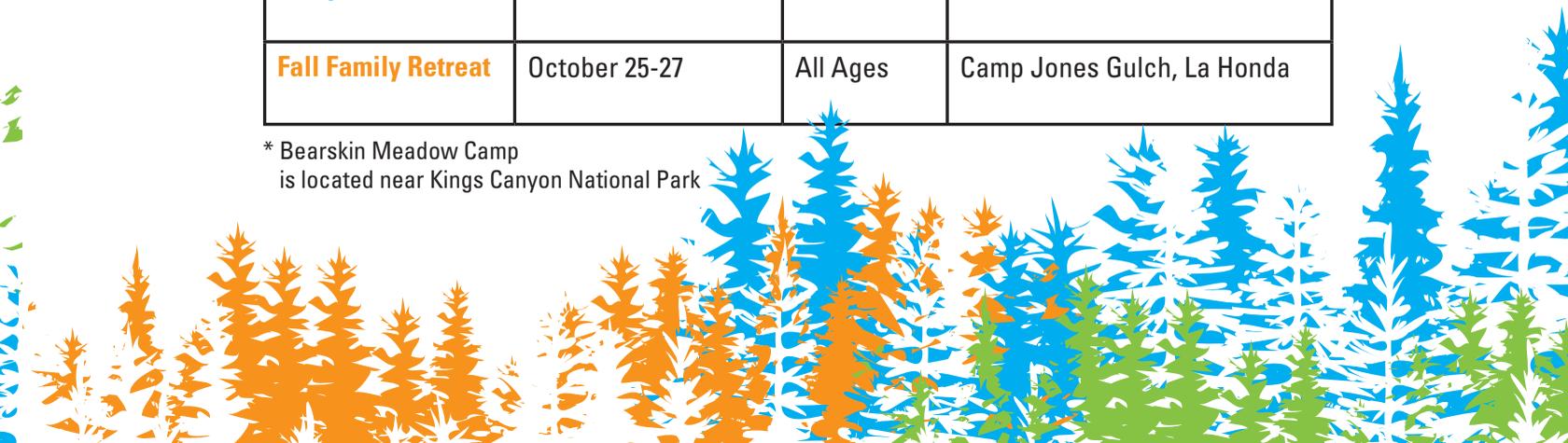


2019 DYF CAMPS AT A GLANCE

Registration for 2019 programs opens January 3

Campamento Familiar en Español	February 8-10	All Ages	Camp Arroyo, Livermore
Spring Family Retreat	March 15-17	All Ages	Alliance Redwoods Conference Center, Occidental
Bay Area Diabetes Summit	April 14	0-17	Chabot College, Hayward
Work Weekend	May 24-27	All Ages	Bearskin Meadow Camp*
Leaders in Training Year II	June 22-July 3	17	Bearskin Meadow Camp*
Buddy Camp	June 27-July 3	7-15	Bearskin Meadow Camp*
Camp de Los Niños	June 24-29	7-17	Camp Redwood Glen, Loma Mar
Teen Camp	July 6-14	14-17	Bearskin Meadow Camp*
Kids Camp	July 17-24	7-13	Bearskin Meadow Camp*
Leaders in Training Year I	July 27-August 8	16-17	Bearskin Meadow Camp*
Family Camp 1	July 27-August 1	All Ages	Bearskin Meadow Camp*
Family Camp 2	August 3-8	All Ages	Bearskin Meadow Camp*
Altitude 14505	July 25-August 6 (pending permit approval)	15-17	Mt. Whitney
Adult Retreat	August 9-11	18 and Up	Bearskin Meadow Camp*
Beach Day	September 15th	All Ages	Half Moon Bay
Camp Kaiser	September 20-22	9-14	Camp Arroyo, Livermore
Fall Family Retreat	October 25-27	All Ages	Camp Jones Gulch, La Honda

* Bearskin Meadow Camp is located near Kings Canyon National Park



IMPACT REPORT



Dear Friends and Supporters,

As members of the T1D community, you can appreciate the role diabetes camp can play in empowering our children, teens and families to live their best lives. Surrounded by peers and supported by expert care, our campers gain insight and independence that transforms their perception of their diagnosis. At camp, they gain the courage, competence, and confidence to face the daily challenges of life with Type 1 Diabetes.

Over the past 81 years, we've been fortunate to find steadfast support in our ever-growing community. This report is intended as a sincere thank you for your involvement in our beautiful, vibrant and resilient DYF family. Thank you, beyond measure, for helping to provide the continuing education and reliable support systems that are crucial to management of T1D.

We are overjoyed to share with you that 2018 is shaping up to be a year for the record books. This year alone, we welcomed over 1,250 attendees and over 250 staff and healthcare professionals to our programs. Through our Beautify Bearskin Campaign, we began making crucial facility improvements to Bearskin Meadow Camp, including rebuilding two bridges washed away by epic snowfall, updating our leach field, and refurbishing the dining hall. Our scholarship program continues to grow, allowing more children and families a camp experience they would not have been able to afford otherwise. Perhaps, one of our greatest highlights was the successful pilot of our Adult Retreat at Bearskin Meadow Camp. From July 13-15, we welcomed 200 adults affected by T1D to camp for a weekend of education from national and local presenters, recreation, sharing, and community. None of this would have been possible if it wasn't for you.

We'd like to thank all the individuals, community organizations, foundations, and corporations who make our work and mission possible. You are the difference makers, bringing life to our vision. Thank you for making year 81 a roaring success!

With much gratitude,

Janet Kramschuster
Executive Director

Greg Eckstrom
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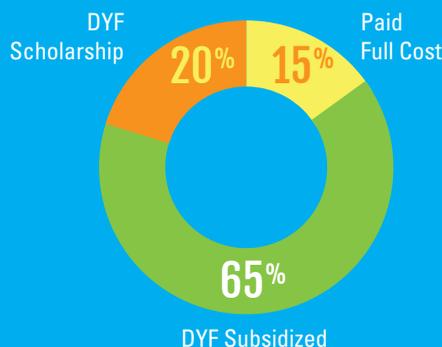
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In 2017, DYF announced the launch of the Circle of Impact, a leadership giving society honoring philanthropists who make a gift of \$5,000 or more to DYF's Matching Gift Fund. Please join us in thanking these generous supporters.

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- Jim & Mary Claire Simpson**
- Yellow Rose Foundation for Type 1 Diabetes**

**TUITION BREAKDOWN
2018**



In 2018, DYF provided more than \$275,000 in scholarships and subsidies for programs, benefiting 85% of our participants. Over 30% of our Scholarship Recipients fall below the Federal Poverty Level.

**NUMBER OF PARTICIPANTS
2015 - 2018**

**23%
GROWTH**



Every year, the number of our camp participants has increased thanks to our generous donors and the amazing quality of the camps DYF provides.

We'd like to extend our most sincere gratitude to all the individuals, community organizations, corporations, trusts and foundations who donated in 2017. Those listed below, as well as those who donated anonymously, through workplace giving, and through gifts-in-kind, made camp a reality for the hundreds of individuals DYF served this year. From providing campership funds to sponsoring the gala, it was your involvement and support that made our 2018 programs possible.

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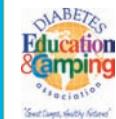
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www.dyf.org

U. S. Forest Service Information:
Bearskin Meadow Camp is an equal opportunity program because acceptance and participation in the program are the same for everyone without regard to race, color, religion, national origin, age, sex or handicap. Discrimination in any form is strictly against the agency policy and should be reported to the Secretary of Agriculture. Bearskin Meadow Camp operates under a special permit from the Sequoia National Forest.



Bearskin Meadow
Camp is accredited by
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DYF is a member of the
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Visit us at DYF.ORG for detailed program descriptions and to register your family today!

